

Event 321 Men Open 200m Medley Team

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|-----|-----|-----------------------------------------------------------------------------------------------|-------------|---------|
| H 1 | L 1 | Wellingborough SC Tyler Hollyman Aaron Flynn Harry Faulkner Connor Allen | Wellingboro | 2:00.56 |
| | L 2 | Daventry Black Ruben Snelson Thomas Stevens Ryan Coles Tyler Coles | Daventry | 1:54.70 |
| | L 3 | Northampton Gold Conner Munden Manav Mistry Benjamin Gibbons Sam Gray | Northampton | 1:53.88 |
| | L 4 | Northampton Blue Henry Knight Samuel Smith Aaron Warren Elliott Barker | Northampton | 1:48.69 |
| | L 5 | Rushden ASC Adam Frazer Ross Balderson Marcus Eaton Max Balderson | Rushden | 1:51.39 |
| | L 6 | Corby Blue Ethan Randall Caleb O'Brien Samuel Cooke Ethan Soppett-Moss | Corby | 1:54.50 |
| | L 7 | Kettering SC James Annable Julian Lee Archie Robertson-Smith Alexander Menshutkin | Kettering | 1:56.34 |

Event 322 Mixed 12 /Under 400m Free.Team

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|-----|-----|---------------------------------------------------------------------------------------|-------------|---------|
| H 1 | L 3 | Corby Blue Daniel Mustata Isobelle Frow Jakub Siedlak Sofia Reedha | Corby | 5:20.00 |
| | L 4 | Northampton Blue Jack Tindle Mackenzie Wainwright Oscar Venn Teagan Payne | Northampton | 5:03.85 |
| | L 5 | Wellingborough SC Lilly Kowal Carson Yip Holly Coleman Jack Webb | Wellingboro | 5:19.70 |
| | L 6 | Northampton Gold Louis Pell A Thorpe-Williams Cadence Flynn Kushal Mistry | Northampton | 5:22.17 |

Event 323 Mixed 15 /Under 400m Medley Tea

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|-----|-----|-------------------------------------------------------------------------------------------------|-------------|---------|
| H 1 | L 1 | Daventry Black Isabelle Joyner Alice Berrill Xavier Smith Anthony Lott | Daventry | 5:14.74 |
| | L 2 | Nene Valley SC Ruby Garrod Franklin Phillips M Vasconcellos-Blanch Charlotte Jarman | Nene Valley | 5:08.13 |
| | L 3 | Corby Blue Beau Cunningham Aryan Nath Chiara Reedha Ethan Soppett-Moss | Corby | 4:45.00 |
| | L 4 | Northampton Blue Edun Rowe Nya Wilkinson | Northampton | 4:33.75 |

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|--|-----|---------------------------------------------------------------------------------------------------------------------|-------------|---------|
| | L 5 | Northampton Gold Jack Bignell Grace Grindrod Zachary Jones Edward Oscroft Phebe Adams Taryn Payne | Northampton | 4:42.03 |
| | L 6 | Rushden ASC Euan Swanson Aman Thethy Rowan White Chloe Pow | Rushden | 4:58.20 |
| | L 7 | Wellingborough SC Olivia James Yogi Pateman Frankie Britten Lucas Krynauw | Wellingboro | 5:08.81 |
| | L 8 | Daventry Red Kristians Kupcovs George Berrill Hannah Marsden Orna Lett | Daventry | 5:35.00 |

Event 324 Women 16 Yrs/Over 200m Freestyle

| | | | | | | |
|-----|-----|----------------------|----|-----|-------------|---------|
| H 1 | L 3 | Eliza Humphrey | 18 | S11 | Northampton | 2:53.22 |
| | L 4 | Sophie Johnson | 16 | | Wellingboro | 2:43.70 |
| | L 5 | Ruby Cummins | 18 | | Wellingboro | 2:53.10 |
| H 2 | L 1 | Ashley Jones | 17 | | Wellingboro | 2:41.88 |
| | L 2 | Isabel Hollyman | 18 | | Wellingboro | 2:35.54 |
| | L 3 | Annabel Lloyd | 16 | | Northampton | 2:33.44 |
| | L 4 | Lana Giles | 16 | | Kettering | 2:30.75 |
| | L 5 | Emily Batchelor | 16 | | Kettering | 2:30.91 |
| | L 6 | Imogen Morlidge | 16 | | Wellingboro | 2:33.91 |
| | L 7 | Grace Williams | 18 | | Nene Valley | 2:38.10 |
| H 3 | L 1 | Sophie Hacker | 16 | | Northampton | 2:26.90 |
| | L 2 | Nyah Cotton | 17 | | Corby | 2:22.19 |
| | L 3 | Arabella Scotney | 18 | | Rushden | 2:17.64 |
| | L 4 | Elise Sophia Kendall | 17 | | Corby | 2:10.57 |
| | L 5 | Lea Bromwich | 17 | | Corby | 2:13.99 |
| | L 6 | Orla Eyton-Jones | 17 | | Corby | 2:20.70 |
| | L 7 | Bryony Cook | 16 | | Rushden | 2:25.50 |
| | L 8 | Magenta Kenyon | 18 | | Kettering | 2:30.27 |
| H 4 | L 1 | Amber Haycock | 16 | S10 | Rushden | 2:26.67 |
| | L 2 | Summer York | 17 | | Corby | 2:22.00 |
| | L 3 | Kalinika Cwiklinska | 16 | | Northampton | 2:17.60 |
| | L 4 | Chloe Goodridge | 18 | | Northampton | 2:08.30 |
| | L 5 | Grace Wingham | 16 | | Kettering | 2:13.29 |
| | L 6 | Emma McLean | 16 | | Rushden | 2:20.50 |
| | L 7 | Isabella Wilson | 17 | | Northampton | 2:25.00 |
| | L 8 | Weronika Burek | 16 | | Corby | 2:28.77 |
| H 5 | L 1 | Lucy Dando | 17 | | Corby | 2:25.90 |
| | L 2 | Mia Matthews | 16 | | Northampton | 2:21.40 |
| | L 3 | Lilly Tappern | 16 | | Corby | 2:14.10 |
| | L 4 | Lily Freeman | 16 | | Northampton | 2:07.67 |
| | L 5 | Emilia Cieszczyk | 16 | | Northampton | 2:11.46 |
| | L 6 | Harriet Casey | 17 | | Corby | 2:18.54 |
| | L 7 | Izzy Bach | 17 | | Kettering | 2:24.72 |
| | L 8 | Sophia Wiffen | 18 | | Corby | 2:27.20 |

Event 325 Men 16 Yrs/Over 400m IM

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|-----|-----|------------------|----|--|-------------|---------|
| H 1 | L 3 | Theo Woollams | 16 | | Corby | 6:18.60 |
| | L 4 | Louis Booker | 16 | | Wellingboro | 5:33.71 |
| | L 5 | Ethan Randall | 17 | | Corby | 5:52.30 |
| H 2 | L 2 | Cameron Bell | 16 | | Rushden | 5:18.00 |
| | L 3 | Sam Gray | 16 | | Northampton | 5:06.75 |
| | L 4 | Samuel Cooke | 17 | | Corby | 4:47.85 |
| | L 5 | Benjamin Gibbons | 16 | | Northampton | 5:04.06 |
| | L 6 | Manav Mistry | 16 | | Northampton | 5:07.30 |
| | L 7 | Noah Wrightson | 19 | | Wellingboro | 5:25.13 |

| Event 326 Women 13/15 Yrs 200m Backstroke | | | | | |
|--------------------------------------------------|-----|-----------------------|----|----------------|---------|
| | L 7 | Isabelle Pawlowski | 11 | Corby | 3:26.10 |
| H 1 | L 3 | Hannah Beeby | 14 | Kettering | 3:21.10 |
| | L 4 | Nadia Kaminiarz | 13 | Northampton | 3:18.85 |
| | L 5 | Ceridwen King | 13 | Rushden | 3:20.30 |
| H 2 | L 1 | Alice Wood | 13 | Wellingboro | 3:16.81 |
| | L 2 | Chiara Kiely-Croft | 14 | Northampton | 3:15.01 |
| | L 3 | Natalia Barchan | 13 | Wellingboro | 3:14.15 |
| | L 4 | Hannah Marsden | 13 | Daventry | 3:07.50 |
| | L 5 | Alice Bugby | 15 | Kettering | 3:07.90 |
| | L 6 | Chloe Parsons | 14 | Nene Valley | 3:14.50 |
| | L 7 | Nika Buhharova | 13 | Corby | 3:15.20 |
| H 3 | L 1 | Iona Smith | 15 | Nene Valley | 3:06.48 |
| | L 2 | Iva Jovanovic | 14 | Corby | 3:03.54 |
| | L 3 | Chloe Dando | 14 | Corby | 3:02.40 |
| | L 4 | Chiara Reedha | 14 | Corby | 2:59.60 |
| | L 5 | Amy McVey | 15 | Northampton | 3:00.96 |
| | L 6 | Ella Newton | 14 | Corby | 3:03.20 |
| | L 7 | Eva Gallagher | 14 | Corby | 3:06.00 |
| | L 8 | Mae Harrison | 14 | Daventry | 3:07.40 |
| H 4 | L 1 | Florence Heydon | 15 | Wellingboro | 2:58.53 |
| | L 2 | Lana Webb | 14 | Northampton | 2:54.31 |
| | L 3 | Isabelle Joyner | 14 | Daventry | 2:53.31 |
| | L 4 | Aaliyah Beetson | 14 | Wellingboro | 2:52.79 |
| | L 5 | Kaelyn Cowe | 14 | Corby | 2:52.85 |
| | L 6 | Katie Moultrie | 15 | Wellingboro | 2:54.23 |
| | L 7 | Evie Stanley | 15 | Corby | 2:57.80 |
| | L 8 | Lily Baish | 14 | Kettering | 2:59.03 |
| H 5 | L 1 | Abigail Bott | 14 | Northampton | 2:52.60 |
| | L 2 | Maddie Taylor | 13 | Corby | 2:51.10 |
| | L 3 | Isabella Bishop | 13 | Rushden | 2:49.85 |
| | L 4 | Amber-Rose Fennell | 15 | Daventry | 2:49.55 |
| | L 5 | Mia Allan | 13 | Northampton | 2:49.83 |
| | L 6 | Maddison Wiseman-Hay | 15 | Corby | 2:50.30 |
| | L 7 | Emily Denton | 14 | Northampton | 2:51.36 |
| | L 8 | Kaia Dawson | 13 | Corby | 2:52.69 |
| H 6 | L 1 | Isla Robertson | 13 | Northampton | 2:49.18 |
| | L 2 | Maya Bovingdon | 14 | Northampton | 2:47.02 |
| | L 3 | Frankie Britten | 14 | Wellingboro | 2:45.14 |
| | L 4 | Holly Hayle | 14 | Northampton | 2:44.30 |
| | L 5 | Beau Cunningham | 14 | Corby | 2:44.52 |
| | L 6 | Olivia James | 15 | Wellingboro | 2:45.64 |
| | L 7 | Ruby Garrod | 15 | Nene Valley | 2:48.74 |
| | L 8 | Katie McLean | 14 | Rushden | 2:49.30 |
| H 7 | L 1 | Chloe Tangayi | 15 | Northampton | 2:41.97 |
| | L 2 | Nya Wilkinson | 14 | Northampton | 2:41.24 |
| | L 3 | Ella Mae Prior | 15 | Corby | 2:40.40 |
| | L 4 | Grace Grindrod | 15 | Northampton | 2:37.47 |
| | L 5 | Emily Achurch | 15 | Northampton | 2:37.48 |
| | L 6 | Annabel Coleman | 15 | Rushden | 2:41.07 |
| | L 7 | Phebe Adams | 14 | Northampton | 2:41.68 |
| | L 8 | Maddie Walden | 13 | Northampton | 2:43.13 |
| Event 327 Men 13/15 Yrs 200m Butterfly | | | | | |
| H 1 | L 3 | Zak Hesketh | 13 | Rushden | 3:22.12 |
| | L 4 | Laurenzio Ciolan | 13 | Northampton | 3:06.43 |
| | L 5 | Ciaran Long | 14 | Daventry | 3:10.90 |
| H 2 | L 1 | Edward Ocroft | 14 | Northampton | 2:58.36 |
| | L 2 | Jack Hurry | 14 | Northampton | 2:34.77 |
| | L 3 | Jack Bignell | 15 | Northampton | 2:31.60 |
| | L 4 | Edun Rowe | 15 | Northampton | 2:20.16 |
| | L 5 | Aman Thethy | 15 | Rushden | 2:30.35 |
| | L 6 | M Vasconcellos-Blanch | 15 | Nene Valley | 2:33.70 |
| | L 7 | Finley Emery | 14 | Rushden | 2:43.95 |
| | L 8 | Charlie Gibbs | 15 | Rushden | 2:59.37 |
| Event 328 Women 10/12 Yrs 200m Freestyle | | | | | |
| H 1 | L 2 | A Thorpe-Williams | 11 | Northampton | 3:12.62 |
| | L 3 | Kennedy McHugh | 12 | Rushden | 3:03.70 |
| | L 4 | Isobelle Frow | 12 | Corby | 2:43.20 |
| | L 5 | Lexie Webb | 12 | Rushden | 2:48.90 |
| | L 6 | Holly Coleman | 12 | Wellingboro | 3:09.27 |
| H 2 | L 2 | Neve Booker | 11 | Wellingboro | 3:09.65 |
| | L 3 | Cadence Flynn | 11 | Northampton | 3:00.15 |
| | L 4 | Sofia Reedha | 12 | Corby | 2:40.70 |
| | L 5 | Lilly Kowal | 12 | Wellingboro | 2:45.89 |
| | L 6 | Alice Bolton | 12 | Wellingboro | 3:06.94 |
| | L 7 | Esmie Haines | 10 | Northampton | 3:18.58 |
| H 3 | L 1 | Rose Webb | 12 | S6 Northampton | 3:52.04 |
| | L 2 | Martha Booker | 11 | Wellingboro | 3:09.41 |
| | L 3 | Imogen Langley | 12 | Rushden | 2:57.10 |
| | L 4 | Teagan Payne | 12 | Northampton | 2:38.85 |
| | L 5 | Phillippa Cutmore | 11 | Corby | 2:45.32 |
| | L 6 | Esmee Browne | 12 | Rushden | 3:04.20 |
| | L 7 | Carys Thomas | 11 | Nene Valley | 3:15.20 |
| Event 329 Men 10/12 Yrs 50m Breaststroke | | | | | |
| H 1 | L 2 | Grayson Watford | 10 | Rushden | 58.74 |
| | L 3 | Daniel Mustata | 12 | Corby | 51.54 |
| | L 4 | James Ocroft | 10 | Northampton | 48.46 |
| | L 5 | Rahul Reedha | 10 | Corby | 49.87 |
| | L 6 | Sui Chun Yip | 11 | Wellingboro | 55.84 |
| | L 7 | Ethan Hoddle-Smith | 11 | Daventry | 1:01.50 |
| H 2 | L 2 | Oscar Venn | 11 | Northampton | 57.89 |
| | L 3 | Kushal Mistry | 12 | Northampton | 50.39 |
| | L 4 | Jack Tindle | 11 | Northampton | 46.98 |
| | L 5 | Owen Hemmings-Kneller | 12 | Wellingboro | 49.84 |
| | L 6 | Percy Green | 10 | Nene Valley | 54.90 |
| | L 7 | Kacper Siedlak | 10 | Corby | 1:01.50 |
| H 3 | L 2 | Alexander Stevenson | 11 | Nene Valley | 56.71 |
| | L 3 | Ryan Doyle | 12 | Kettering | 50.32 |
| | L 4 | Jakub Siedlak | 12 | Corby | 45.67 |
| | L 5 | Jack Webb | 12 | Wellingboro | 49.10 |
| | L 6 | Noah Patterson | 10 | Wellingboro | 54.79 |
| | L 7 | Stanley French | 10 | Daventry | 1:00.09 |
| Event 330 Women 13/15 Yrs 50m Butterfly | | | | | |
| H 1 | L 2 | Millie Sharp | 13 | Rushden | 43.83 |
| | L 3 | Jasmine Reynolds | 13 | Nene Valley | 42.26 |
| | L 4 | Eva Gallagher | 14 | Corby | 42.21 |
| | L 5 | Marcie Blackford | 13 | Corby | 42.23 |
| | L 6 | Kaeley Naughton | 13 | Kettering | 42.65 |
| H 2 | L 1 | Ella-Rose Knibb | 14 | Kettering | 42.05 |
| | L 2 | Katie McLean | 14 | Rushden | 41.40 |
| | L 3 | Isabelle Tanner | 14 | Corby | 40.74 |
| | L 4 | Isla Robertson | 13 | Northampton | 40.37 |
| | L 5 | Maddie Walden | 13 | Northampton | 40.48 |
| | L 6 | Natalia Barchan | 13 | Wellingboro | 40.91 |
| | L 7 | Nika Buhharova | 13 | Corby | 41.43 |
| | L 8 | Poppy Blowfield | 13 | Corby | 42.15 |
| H 3 | L 1 | Lilian French | 13 | Wellingboro | 39.86 |
| | L 2 | Maddison Wiseman-Hay | 15 | Corby | 39.70 |
| | L 3 | Maddie Taylor | 13 | Corby | 39.17 |
| | L 4 | Megan Barber | 14 | Kettering | 38.97 |
| | L 5 | Mia Allan | 13 | Northampton | 39.10 |
| | L 6 | Isla Murray | 14 | Rushden | 39.43 |
| | L 7 | Kaia Dawson | 13 | Corby | 39.75 |
| | L 8 | Charlotte Ellis | 13 | Northampton | 39.90 |
| H 4 | L 1 | Elizabeth Pow | 14 | Rushden | 38.46 |
| | L 2 | W Zaworska-Benedyka | 14 | Corby | 38.36 |
| | L 3 | Lily Baish | 14 | Kettering | 38.02 |
| | L 4 | Amy McVey | 15 | Northampton | 37.82 |
| | L 5 | Amelia Hannah Fry | 15 | Daventry | 37.87 |
| | L 6 | Lana Webb | 14 | Northampton | 38.04 |
| | L 7 | Rebecca Johnson | 14 | Kettering | 38.38 |
| | L 8 | Iva Jovanovic | 14 | Corby | 38.47 |
| H 5 | L 1 | Alicia Evans | 14 | Kettering | 37.40 |
| | L 2 | Hannah Marsden | 13 | Daventry | 37.32 |
| | L 3 | Aaliyah Beetson | 14 | Wellingboro | 37.03 |
| | L 4 | Alice Bugby | 15 | Kettering | 36.82 |
| | L 5 | Evie Stanley | 15 | Corby | 36.96 |
| | L 6 | Taryn Payne | 14 | Northampton | 37.24 |

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|-----|-----|--------------------|----|-----------------|-------|-----|-----------------------|----|-------------|---------|
| | L 7 | Kate Lonergan | 14 | Wellingboro | 37.39 | L 3 | Lilly Kowal | 12 | Wellingboro | 1:42.71 |
| | L 8 | Iona Smith | 15 | Nene Valley | 37.80 | L 4 | Islay-Mae Underwood | 12 | Kettering | 1:35.67 |
| H 6 | L 1 | Imogen Dodds | 14 | S13 Wellingboro | 36.46 | L 5 | Isobelle Frow | 12 | Corby | 1:38.66 |
| | L 2 | Merle Snelson | 14 | Daventry | 36.11 | L 6 | Chloe Perkins | 12 | Kettering | 1:46.19 |
| | L 3 | Grace Grindrod | 15 | Northampton | 34.48 | L 7 | Alice Rowbotham | 12 | Kettering | 1:52.60 |
| | L 4 | Chloe Tangayi | 15 | Northampton | 32.20 | L 8 | Esmie Haines | 10 | Northampton | 2:10.57 |
| | L 5 | Megan Thomas | 15 | Daventry | 34.00 | H 3 | L 1 Jasmin Dodds | 11 | Wellingboro | 1:55.57 |
| | L 6 | Alice Wallinger | 13 | Wellingboro | 35.49 | | L 2 Neve Booker | 11 | Wellingboro | 1:46.48 |
| | L 7 | Isabella Bishop | 13 | Rushden | 36.39 | | L 3 Alice Bolton | 12 | Wellingboro | 1:42.57 |
| | L 8 | Emma Becker | 14 | Daventry | 36.60 | | L 4 Kennedy McHugh | 12 | Rushden | 1:34.51 |
| H 7 | L 1 | Milana Misurova | 14 | Rushden | 36.40 | | L 5 Teagan Payne | 12 | Northampton | 1:36.50 |
| | L 2 | Annabel Coleman | 15 | Rushden | 35.62 | | L 6 Saxon Swann | 12 | Corby | 1:45.00 |
| | L 3 | Holly Hayle | 14 | Northampton | 34.26 | | L 7 Safiyah Pawlyszyn | 11 | Wellingboro | 1:50.55 |
| | L 4 | Chloe Pow | 15 | Rushden | 32.10 | | L 8 Jessica Barrett | 11 | Kettering | 2:01.81 |
| | L 5 | Beau Cunningham | 14 | Corby | 33.59 | | | | | |
| | L 6 | Orna Lett | 13 | Daventry | 35.40 | | | | | |
| | L 7 | Alice Berrill | 15 | Daventry | 36.38 | | | | | |
| | L 8 | Amber-Rose Fennell | 15 | Daventry | 36.58 | | | | | |

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|-----|-----|------------------|----|-------------|-------|
| H 8 | L 1 | Faye Eyton-Jones | 14 | Corby | 36.40 |
| | L 2 | Sofija Fefilova | 14 | Northampton | 35.60 |
| | L 3 | Charlotte Jarman | 15 | Nene Valley | 34.00 |
| | L 4 | Chiara Reedha | 14 | Corby | 31.98 |
| | L 5 | Rowan White | 15 | Rushden | 32.50 |
| | L 6 | Frankie Britten | 14 | Wellingboro | 35.32 |
| | L 7 | Emily Denton | 14 | Northampton | 36.22 |
| | L 8 | Ella Newton | 14 | Corby | 36.47 |

Event 331 Men 16 Yrs/Over 50m Breaststroke

| | | | | | |
|-----|-----|----------------------|----|--------------|-------|
| H 1 | L 1 | Lewis Reynolds | 16 | Nene Valley | 43.14 |
| | L 2 | Dylan Smith | 16 | Kettering | 40.85 |
| | L 3 | James Plenderleith | 16 | Corby | 39.50 |
| | L 4 | Joseph Greaves | 16 | Corby | 38.15 |
| | L 5 | Conner Munden | 16 | Northampton | 38.70 |
| | L 6 | Jack Brown | 16 | Wellingboro | 39.75 |
| | L 7 | Jeremiah Muir | 16 | Kettering | 40.93 |
| | L 8 | Kian Saville | 23 | SB9 Daventry | 44.72 |
| H 2 | L 1 | Thomas James | 17 | Wellingboro | 36.87 |
| | L 2 | Albert Malsher | 20 | Rushden | 35.14 |
| | L 3 | Alexander Menshutkin | 16 | Kettering | 33.59 |
| | L 4 | Max Balderson | 20 | Rushden | 30.30 |
| | L 5 | Aaron Flynn | 33 | Wellingboro | 30.68 |
| | L 6 | Benjamin Bayes | 19 | Wellingboro | 34.30 |
| | L 7 | Elliott Barker | 16 | Northampton | 35.74 |
| | L 8 | Freddy Keech | 16 | Kettering | 37.79 |
| H 3 | L 1 | Louis Booker | 16 | Wellingboro | 36.40 |
| | L 2 | Noah Wrightson | 19 | Wellingboro | 35.06 |
| | L 3 | Cameron Bell | 16 | Rushden | 33.40 |
| | L 4 | Ross Balderson | 23 | Rushden | 29.69 |
| | L 5 | Thomas Stevens | 23 | Daventry | 30.60 |
| | L 6 | Manav Mistry | 16 | Northampton | 34.20 |
| | L 7 | Sam Gray | 16 | Northampton | 35.63 |
| | L 8 | Michal Cieszczyk | 48 | Wellingboro | 37.45 |
| H 4 | L 1 | Toby Dew | 19 | Nene Valley | 36.19 |
| | L 2 | Jack Kentish | 16 | Daventry | 34.50 |
| | L 3 | Caleb O'Brien | 22 | Corby | 30.70 |
| | L 4 | Samuel Smith | 18 | Northampton | 29.38 |
| | L 5 | Adam Frazer | 17 | Rushden | 30.50 |
| | L 6 | Ryan Coles | 18 | Daventry | 34.00 |
| | L 7 | Curtis Minney | 18 | Kettering | 35.25 |
| | L 8 | Connor Allen | 16 | Wellingboro | 37.27 |

Event 332 Women 10/12 Yrs 100m Breaststroke

| | | | | | |
|-----|-----|----------------------|----|-----------------|---------|
| H 1 | L 1 | O Zaworska-Benedyka | 11 | Corby | 1:59.71 |
| | L 2 | Faye Martinot | 12 | Nene Valley | 1:47.56 |
| | L 3 | Esmee Browne | 12 | Rushden | 1:43.27 |
| | L 4 | Sofia Reedha | 12 | Corby | 1:36.20 |
| | L 5 | Imogen Langley | 12 | Rushden | 1:40.80 |
| | L 6 | Mackenzie Wainwright | 12 | Northampton | 1:46.21 |
| | L 7 | Megan James | 10 | Wellingboro | 1:54.09 |
| | L 8 | Rose Webb | 12 | SB6 Northampton | 2:16.56 |
| H 2 | L 1 | A Thorpe-Williams | 11 | Northampton | 1:57.82 |
| | L 2 | Georgina Beeby | 12 | Kettering | 1:47.14 |

Event 333 Men 13/15 Yrs 100m Breaststroke

| | | | | | |
|-----|-----|-----------------------|----|-------------|---------|
| H 1 | L 3 | Aaron Mountford | 13 | Wellingboro | 1:42.42 |
| | L 4 | George Berrill | 13 | Daventry | 1:39.66 |
| | L 5 | Bradley Huddle-Smith | 13 | Daventry | 1:41.22 |
| H 2 | L 2 | Zachary James Fraser | 13 | Wellingboro | 1:35.17 |
| | L 3 | Zak Hesketh | 13 | Rushden | 1:33.23 |
| | L 4 | Laurenzio Ciolan | 13 | Northampton | 1:30.75 |
| | L 5 | Joshua Dicks | 14 | Rushden | 1:31.16 |
| | L 6 | William Bevitt | 15 | Kettering | 1:34.88 |
| | L 7 | Jack Robertson | 14 | Corby | 1:36.40 |
| H 3 | L 1 | Edun Rowe | 15 | Northampton | 1:27.79 |
| | L 2 | Sina Mani | 15 | Kettering | 1:26.56 |
| | L 3 | Zachary Jones | 14 | Northampton | 1:21.59 |
| | L 4 | Aryan Nath | 14 | Corby | 1:16.76 |
| | L 5 | Daniel Doyle | 15 | Kettering | 1:20.08 |
| | L 6 | Jack Bignell | 15 | Northampton | 1:22.10 |
| | L 7 | Aaron McNicholas | 15 | Wellingboro | 1:26.91 |
| | L 8 | Dylan Bielby | 15 | Kettering | 1:29.69 |
| H 4 | L 1 | Noah Bielby | 13 | Kettering | 1:27.44 |
| | L 2 | O Vasconcellos-Blanch | 14 | Nene Valley | 1:26.15 |
| | L 3 | Euan Swanson | 15 | Rushden | 1:20.70 |
| | L 4 | Finlay Underwood | 14 | Kettering | 1:16.56 |
| | L 5 | Yogi Pateman | 15 | Wellingboro | 1:19.59 |
| | L 6 | Jack Hurry | 14 | Northampton | 1:22.05 |
| | L 7 | M Vasconcellos-Blanch | 15 | Nene Valley | 1:26.80 |
| | L 8 | Lucas Krynauw | 14 | Wellingboro | 1:29.50 |
| H 5 | L 1 | Charlie Gibbs | 15 | Rushden | 1:27.33 |
| | L 2 | David Tennant | 14 | Kettering | 1:24.60 |
| | L 3 | Franklin Phillips | 15 | Nene Valley | 1:20.41 |
| | L 4 | Aman Thethy | 15 | Rushden | 1:10.79 |
| | L 5 | Edward Oscroft | 14 | Northampton | 1:19.43 |
| | L 6 | Finley Emery | 14 | Rushden | 1:21.67 |
| | L 7 | Nikita Bals | 13 | Northampton | 1:26.66 |
| | L 8 | Oliver Horne | 14 | Corby | 1:28.12 |

Event 334 Women 16 Yrs/Over 100m Backstroke

| | | | | | |
|-----|-----|-----------------------|----|-----------------|---------|
| H 1 | L 1 | Ella Smith | 16 | Wellingboro | 1:31.13 |
| | L 2 | Maisie Summers-Newton | 21 | S6 Northampton | 1:30.59 |
| | L 3 | Scarlett Humphrey | 18 | S11 Northampton | 1:22.82 |
| | L 4 | Sophie Johnson | 16 | Wellingboro | 1:21.96 |
| | L 5 | Weronika Burek | 16 | Corby | 1:22.28 |
| | L 6 | Eliza Humphrey | 18 | S11 Northampton | 1:28.80 |
| | L 7 | Ruby Cummins | 18 | Wellingboro | 1:30.83 |
| H 2 | L 1 | Kalinika Cwiklinska | 16 | Northampton | 1:17.24 |
| | L 2 | Kaitlyn Smyth | 17 | Wellingboro | 1:15.16 |
| | L 3 | Emma McLean | 16 | Rushden | 1:11.55 |
| | L 4 | Emilia Cieszczyk | 16 | Northampton | 1:06.70 |
| | L 5 | Arabella Scotney | 18 | Rushden | 1:10.40 |
| | L 6 | Mia Matthews | 16 | Northampton | 1:13.30 |
| | L 7 | Lucy Dando | 17 | Corby | 1:15.82 |
| | L 8 | Bryony Cook | 16 | Rushden | 1:19.27 |
| H 3 | L 1 | Amber Haycock | 16 | S10 Rushden | 1:16.59 |
| | L 2 | Lea Bromwich | 17 | Corby | 1:14.99 |
| | L 3 | Lily Freeman | 16 | Northampton | 1:10.64 |
| | L 4 | Chloe Goodridge | 18 | Northampton | 1:06.46 |
| | L 5 | Grace Wingham | 16 | Kettering | 1:09.89 |
| | L 6 | Orla Eyton-Jones | 17 | Corby | 1:12.26 |

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|-----|-----|----------------------|----|-------------|---------|
| | L 7 | Nyah Cotton | 17 | Corby | 1:15.41 |
| | L 8 | Sophie Hacker | 16 | Northampton | 1:19.24 |
| H 4 | L 1 | Imogen Morlidge | 16 | Wellingboro | 1:15.98 |
| | L 2 | Izzy Bach | 17 | Kettering | 1:14.10 |
| | L 3 | Lilly Tappern | 16 | Corby | 1:10.44 |
| | L 4 | Evie Woolley | 17 | Northampton | 1:06.13 |
| | L 5 | Elise Sophia Kendall | 17 | Corby | 1:06.95 |
| | L 6 | Isabel Sharp | 17 | Northampton | 1:11.84 |
| | L 7 | Amelia Lonergan | 17 | Wellingboro | 1:15.19 |
| | L 8 | Isabel Hollyman | 18 | Wellingboro | 1:18.82 |