

NOVA November L2 Meet 2023 - 2EM231063

ESTIMATED Timeline

Harvey Hadden Sports Village, Nottingham, NG8 4PB

Session - 1 & 2 - Warmup 8am - Start 9am

Time Between Heats 40 Seconds & Between Backstroke Heats 60 Seconds

Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
101	F	100 Ba	Heats	96	12	09:00	00:26	00:26
102	M/Op	400 Fr	Heats	64	8	09:26	00:42	01:08
103	F	50 Br	Heats	80	10	10:08	00:13	01:21
104	M/Op	100 Br	Heats	56	7	10:21	00:14	01:35
105	F	200 Fr	Heats	112	14	10:35	00:41	02:16
106	M/Op	200 IM	Heats	88	11	11:16	00:34	02:51
107	F	50 Ba	Heats	96	12	11:51	00:19	03:10

10 Minute Break before S2 Event 205 for Officials comfort and 800m Warmup/Preparation

205	F	800 Fr	Heats	40	5	12:20	00:53	04:12
-----	---	--------	-------	----	---	-------	-------	-------

Estimated Session Finish Time 01:12 pm

Session - 3 - Warmup 1:30 - Start 2:30 (May need to be delayed)

Time Between Heats 40 Seconds & Between Backstroke Heats 60 Seconds

Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
301	M/Op	400 IM	Heats	48	6	02:30	00:34	00:34
302	F	100 Fr	Heats	160	20	03:04	00:35	01:09
303	M/Op	100 Fl	Heats	72	9	03:39	00:16	01:25
304	F	50 Fl	Heats	120	15	03:55	00:18	01:43
305	M/Op	200 Br	Heats	59	8	04:13	00:28	02:12
306	F	200 Ba	Heats	88	11	04:42	00:40	02:51
307	M/Op	50 Fr	Heats	112	14	05:21	00:16	03:07
308	F	200 Fl	Heats	48	6	05:37	00:19	03:27

NB - A 10 Minute Break may be necessary (as announced) for Officials comfort within the above

Estimated Session Finish Time 5:57 pm

Session - 5 & 6 - Warmup 8am - Start 9am

Time Between Heats 40 Seconds & Between Backstroke Heats 60 Seconds

Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
501	M/Op	100 Ba	Heats	72	9	09:00	00:19	00:19
502	F	400 Fr	Heats	64	8	09:19	00:43	01:02
503	M/Op	50 Br	Heats	64	8	10:02	00:10	01:13
504	F	100 Br	Heats	72	9	10:13	00:18	01:31
505	M/Op	200 Fr	Heats	96	12	10:31	00:34	02:05
506	F	200 IM	Heats	112	14	11:05	00:46	02:51
507	M/Op	50 Ba	Heats	56	7	11:51	00:11	03:02

10 Minute Break before S6 Event 605 for Officials comfort and 1500m Warmup/Preparation

605	M/Op	1500 Fr	Heats	24	3	12:12	00:57	04:08
-----	------	---------	-------	----	---	-------	-------	-------

Estimated Session Finish Time 1:08 pm

Session - 7 - Warmup 1:30 - Start 2:30 (May need to be delayed)

Time Between Heats 40 Seconds & Between Backstroke Heats 60 Seconds

Event	Sex	Stroke/Distance	Type	Competitors	Heats	Start	Total	Cumulative
701	F	400 IM	Heats	72	9	02:30	00:55	00:55
702	M/Op	100 Fr	Heats	120	15	03:25	00:25	01:21
703	F	100 Fl	Heats	88	11	03:51	00:20	01:41
704	M/Op	50 Fl	Heats	112	14	04:11	00:17	01:58
705	F	200 Br	Heats	72	9	04:28	00:32	02:30
706	M/Op	200 Ba	Heats	56	7	05:00	00:24	02:54
707	F	50 Fr	Heats	144	18	05:24	00:21	03:15
708	M/Op	200 Fl	Heats	32	4	05:45	00:12	03:28

NB - A 10 Min Break may be necessary (as announced) for Officials comfort within the above

Estimated Session Finish Time 5:58 pm