## Upper Limit Times

## OPEN/MALE

| EVENT | 9 Years | 10 Years | 11 Years | 12 Years | 13 Years | 14 Years | 15/Over |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 50 FREE | 00:33.20 | 00:30.78 | 00:27.36 | 00:25.92 | 00:25.44 | 00:24.25 | 00:23.90 |
| 100 FREE | 01:04.04 | 01:02.04 | 00:59.01 | 00:58.05 | 00:55.54 | 00:54.02 | 00:54.00 |
| 200 FREE | 02:35.90 | 02:24.68 | 02:08.14 | 02:05.55 | 01:59.48 | 01:56.27 | 01:55.35 |
| 400 FREE |  | 04:45.00 | 04:29.12 | 04:20.00 | 04:11.76 | 04:06.44 | 04:01.10 |
| 50 BACK | 00:38.57 | 00:35.53 | 00:33.40 | 00:31.10 | 00:30.40 | 00:29.80 | 00:26.00 |
| 100 BACK | 01:19.33 | 01:17.33 | 01:05.95 | 01:05.20 | 01:02.10 | 00:59.68 | 00:58.90 |
| 200 BACK | 02:51.00 | 02:42.26 | 02:22.16 | 02:19.50 | 02:13.41 | 02:09.95 | 02:07.00 |
| 50 BREAST | 00:43.70 | 00:40.38 | 00:38.40 | 00:36.00 | 00:33.70 | 00:32.69 | 00:29.90 |
| 100 BREAST | 01:23.70 | 01:21.70 | 01:20.70 | 01:14.84 | 01:10.04 | 01:08.53 | 01:04.50 |
| 200 BREAST | 03:24.63 | 02:58.70 | 02:43.57 | 02:41.69 | 02:32.80 | 02:28.76 | 02:18.50 |
| 50 FLY | 00:35.15 | 00:32.30 | 00:30.72 | 00:29.76 | 00:27.84 | 00:27.16 | 00:25.40 |
| 100 FLY | 01:16.10 | 01:14.10 | 01:05.39 | 01:05.00 | 01:01.52 | 00:59.69 | 00:56.00 |
| 200 FLY | 03:19.60 | 02:51.76 | 02:35.46 | 02:19.73 | 02:14.97 | 02:12.11 | 02:05.00 |
| 200 IM | 03:01.26 | 02:41.98 | 02:25.87 | 02:23.00 | 02:17.97 | 02:13.17 | 02:12.20 |
| 400 IM |  | 05:25.00 | 05:10.00 | 04:52.00 | 04:48.00 | 04:46.00 | 04:30.00 |

## FEMALE

| EVENT | 9 Years | 10 Years | 11 Years | 12 Years | 13 Years | 14 Years | 15/Over |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 50 FREE | $00: 33.35$ | $00: 31.16$ | $00: 27.84$ | $00: 27.80$ | $00: 27.60$ | $00: 27.50$ | $00: 27.10$ |
| 100 FREE | $01: 06.60$ | $01: 04.60$ | $01: 02.10$ | $01: 00.10$ | $00: 59.10$ | $00: 59.10$ | $00: 58.00$ |
| 200 FREE | $02: 35.80$ | $02: 17.84$ | $02: 07.79$ | $02: 07.00$ | $02: 04.24$ | $02: 03.60$ | $02: 03.10$ |
| 400 FREE |  | $04: 45.00$ | $04: 30.72$ | $04: 27.00$ | $04: 25.00$ | $04: 22.50$ | $04: 20.40$ |
| 50 BACK | $00: 38.66$ | $00: 35.53$ | $00: 34.08$ | $00: 32.54$ | $00: 31.48$ | $00: 31.14$ | $00: 30.80$ |
| 100 BACK | $01: 16.10$ | $01: 14.10$ | $01: 07.48$ | $01: 06.50$ | $01: 04.12$ | $01: 03.80$ | $01: 03.40$ |
| 200 BACK | $02: 51.00$ | $02: 36.75$ | $02: 25.00$ | $02: 23.00$ | $02: 20.00$ | $02: 18.00$ | $02: 17.90$ |
| 50 BREAST | $00: 40.85$ | $00: 40.57$ | $00: 38.50$ | $00: 36.48$ | $00: 35.14$ | $00: 34.72$ | $00: 33.70$ |
| 100 BREAST | $01: 25.60$ | $01: 23.60$ | $01: 16.16$ | $01: 15.50$ | $01: 14.00$ | $01: 13.50$ | $01: 12.50$ |
| 200 BREAST | $03: 11.90$ | $02: 55.75$ | $02: 48.96$ | $02: 46.00$ | $02: 42.00$ | $02: 40.00$ | $02: 37.30$ |
| $\mathbf{5 0}$ FLY | $00: 37.05$ | $00: 33.25$ | $00: 32.16$ | $00: 31.20$ | $00: 30.28$ | $00: 29.61$ | $00: 29.00$ |
| 100 FLY | $01: 20.38$ | $01: 18.38$ | $01: 07.50$ | $01: 07.00$ | $01: 05.50$ | $01: 04.00$ | $01: 03.70$ |
| 200 FLY | $03: 00.50$ | $02: 46.25$ | $02: 28.97$ | $02: 24.00$ | $02: 21.30$ | $02: 20.30$ | $02: 18.10$ |
| $\mathbf{2 0 0}$ IM | $03: 00.50$ | $02: 46.00$ | $02: 26.38$ | $02: 25.50$ | $02: 23.00$ | $02: 19.60$ | $02: 18.80$ |
| 400 IM |  | $05: 30.00$ | $05: 25.00$ | $05: 15.00$ | $05: 08.40$ | $05: 02.00$ | $04: 55.00$ |

Time shown above are "not faster than" times.
There are no Qualification times but an entry time MUST be submitted in order to enter the competition.
Any entries made with no time will be rejected.

## Mansfield Swimming Club <br> Major Oak Open Meet 2024 - Licensed Level 3 (3EM240852) <br> https://www.swimmingmeetresults.co.uk/MajorOak

