



CITY OF LEICESTER SWIMMING CLUB
(Affiliated to Swim England East Midlands Region & Leicestershire ASA)
PRESENTS

The Leicester Open Meet 2024
(Under Swim England Regulations & Technical Rules)
This Event is licensed @ L2 (2EM241378)
by Swim England for Entry into Regional & National Championships

Event Overview

DATE:	Friday 15 th , Saturday 16 th & Sunday 17 th November 2024
VENUE:	Braunstone Leisure Centre, 2 Hamlin Road, Braunstone, Leicester, LE3 1JN
AGE AS AT:	31 st December 2024
AGE GROUPS:	Open/Male & Female – 10 – 11/12 – 13/14 – 15/16 – 17 & Over
EVENTS:	50m – Freestyle, Backstroke, Breaststroke, Butterfly 100m – Freestyle, Backstroke, Breaststroke, Butterfly, Individual Medley 200m – Freestyle, Backstroke, Breaststroke, Butterfly, Individual Medley 400m – Freestyle, Individual Medley 800m – Freestyle 1500m – Freestyle
HDW:	All 50m, 200m (except the 200 IM) 400m, 800m & 1500m Events
FINALS:	All 100m Events & the 200m IM in the following Age Bands: Senior (15 & Over) & Junior (14 & Under)
AWARDS:	Medals to Top 3 in each Age Group & Junior Finals Cash Prize (1 st /2 nd /3 rd) for Senior Finals
SESSIONS:	1 Friday (Evening) 2 Saturday (Morning & Afternoon) 2 Sunday (Morning & Afternoon)
SWIM DOWN:	Separate 4 lane 25m Swim-Down pool, available at specified times
CLOSING DATE:	Tuesday 5 th November 2024

8 LANE 25m COMPETITION POOL – ELECTRONIC TIMING
For more information & Club Entry Pack Visit:

Web: <https://www.swimmingmeetresults.co.uk/COLeicester/>
Email: entries@swimmingmeetresults.co.uk

Or: send a large stamped self-addressed envelope to:-
City of Leicester Swimming Club November Meet
11 Brookfield Road, Arnold, Nottingham, NG5 7ER



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Friday 15th November	
Session 1	Warm Up: 17:00 Start: 17:45/18:00
101	Female 200m Ind. Medley
102	Open/Male 200m Ind. Medley
103	Female 50m Butterfly (HDW)
104	Open/Male 50m Butterfly (HDW)
105	Female 50m Backstroke (HDW)
106	Open/Male 50m Backstroke (HDW)
107	Female 50m Breaststroke (HDW)
108	Open/Male 50m Breaststroke (HDW)
15 mins break before Finals	
109	Female 200m Ind. Medley Junior Final
110	Open/Male 200m Ind. Medley Junior Final
111	Female 200m Ind. Medley Senior Final
112	Open/Male 200m Ind. Medley Senior Final

Saturday 16th November			
Session 2	Warm Up Start: 08:00	Session 3	Warm Up Start: TBC
201	Female 400m Freestyle (HDW)	301	Open/Male 400m Ind. Medley (HDW)
202	Open/Male 100m Ind. Medley	302	Female 200m Freestyle (HDW)
203	Female 100m Backstroke	303	Open/Male 100m Freestyle
204	Open/Male 200m Backstroke (HDW)	304	Female 100m Breaststroke
205	Female 200m Breaststroke (HDW)	305	Open/Male 200m Butterfly (HDW)
206	Open/Male 100m Butterfly	306	Female 50m Freestyle (HDW)
207	Mixed 1500m Freestyle (HDW)	15 mins break before Finals	
15 mins break before Finals		307	Open/Male Junior 100m Freestyle Final
208	Open/Male Junior 100m Ind. Medley Final	308	Female Junior 100m Breaststroke Final
209	Open/Male Senior 100m Ind. Medley Final	309	Open/Male Senior 100m Freestyle Final
210	Female Junior 100m Backstroke Final	310	Female Senior 100m Breaststroke Final
211	Female Senior 100m Backstroke Final		
212	Open/Male Junior 100m Butterfly Final		
213	Open/Male Senior 100m Butterfly Final		



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Sunday 17th November			
Session 4	Warm Up Start: 08:00	Session 5	Warm Up Start: TBC
401	Open/Male 400m Freestyle (HDW)	501	Female 400m Ind. Medley (HDW)
402	Female 100m Ind. Medley	502	Open/Male 200m Freestyle (HDW)
403	Open/Male 100m Backstroke	503	Female 100m Freestyle
404	Female 200m Backstroke (HDW)	504	Open/Male 100m Breaststroke
405	Open/Male 200m Breaststroke (HDW)	505	Female 200m Butterfly (HDW)
406	Female 100m Butterfly	506	Open/Male 50m Freestyle (HDW)
407	Mixed 800m Freestyle (HDW)	15 mins break before Finals	
15 mins break before Finals		507	Female Junior 100m Freestyle Final
408	Female Junior 100m Ind. Medley Final	508	Open/Male Junior 100m Breaststroke Final
409	Female Senior 100m Ind. Medley Final	509	Female Senior 100m Freestyle Final
410	Open/Male Junior 100m Backstroke Final	510	Open/Male Senior 100m Breaststroke Final
411	Open/Male Senior 100m Backstroke Final		
412	Female Junior 100m Butterfly Final		
413	Female Senior 100m Butterfly Final		

Electronic Entry - £8.25 per Event
Paper Entry - £8.75 per Event



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Qualifying Times

Open/Male Lower Limit Times					Events	Female Lower Limit Times				
10yrs	11/12yrs	13/14yrs	15/16yrs	17/Over		10yrs	11/12yrs	13/14yrs	15/16yrs	17/Over
40.0	37.5	35.0	32.5	30.0	50m Free	40.0	38.0	36.5	33.0	31.5
1:30.5	1:22.0	1:15.0	1:10.0	1:04.5	100m Free	1:28.0	1:21.5	1:15.0	1:11.0	1:07.0
3:09.0	2:55.0	2:43.0	2:30.0	2:19.0	200m Free	3:07.0	2:56.0	2:42.0	2:31.5	2:28.5
4:40.0					400m Free	4:50.0				
9:30.0					800m Free	10:00.0				
17:40.0					1500m Free	18:15.0				
45.5	42.5	39.5	36.0	33.0	50m Back	45.5	43.0	39.0	37.0	36.0
1:40.0	1:32.5	1:25.0	1:16.0	1:10.0	100m Back	1:39.0	1:31.5	1:24.0	1:19.0	1:16.0
3:26.5	3:13.5	2:55.0	2:44.0	2:35.0	200m Back	3:29.0	3:13.0	2:56.0	2:47.0	2:43.0
51.0	48.0	42.5	39.5	36.0	50m Breast	51.0	48.5	45.5	42.5	40.0
1:58.0	1:40.0	1:32.5	1:25.0	1:16.5	100m Breast	1:52.5	1:44.0	1:33.0	1:27.5	1:25.0
3:50.0	3:35.0	3:16.0	3:05.0	2:55.0	200m Breast	3:50.0	3:35.0	3:20.0	3:07.0	3:00.0
44.0	41.0	36.5	34.0	32.5	50m Fly	44.0	41.5	37.5	35.5	34.5
1:45.0	1:32.0	1:22.0	1:15.0	1:09.0	100m Fly	1:42.0	1:31.5	1:22.0	1:17.5	1:15.5
3:37.5	3:20.0	2:59.0	2:40.0	2:32.0	200m Fly	3:40.0	3:21.0	3:00.0	2:50.0	2:45.0
1:48.0	1:30.0	1:21.5	1:16.5	1:11.0	100m IM	1:49.5	1:35.5	1:26.0	1:20.0	1:16.0
3:33.0	3:19.0	2:56.0	2:40.0	2:30.5	200m IM	3:33.0	3:19.0	3:00.0	2:52.0	2:47.0
5:30.0					400m IM	5:30.0				

Only Swimmers who have times equal to or faster than the lower limit for that event are eligible to enter.

Times will be taken from Swim England Rankings at the time of entry submission.

LC to SC Converted Times will be used and the fastest converted time or SC time will be used for your entry.

Times taken are from the 1st September 2023 to the date of your submission from any level of competition.



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Promoter's Conditions

- The Competition will be held under Swim England Regulations and Technical Rules of Swimming at Braunstone Leisure Centre, 2 Hamlin Road, Braunstone, Leicester, LE3 1JN.
- 25m 8 Lane competition pool with anti-turbulence lane ropes. New electronic timing with scoreboard is to be used in conjunction with a computerised results service. Entry information can be downloaded from our website and results will be available online at: <https://www.swimmingmeetresults.co.uk/COLeicester/>
- 25m 4 lane swim down pool is available at specified times during the meet. Swimmers must be supervised by their coach or team manager during their warm up or swim down.
- The competition is open to registered swimmers as defined by Swim England rules: Age as at 31st December 2024.
- All participants and spectators must observe the safety precautions in operation at Braunstone Leisure Centre. Neither City of Leicester Swimming Club or Leicester City Council can be held responsible for loss or damage to participants or spectators property. Participants are advised to use the lockers in the changing village and both participants and spectators are advised to not leave their belongings unattended.
- All 50m, 200m (except the 200m IM) 400m, 800m & 1500m Events are Heat Declared Winners, with medals awarded to top 3 in each age group category. The promoter has the right to restrict the number of 400m. The 800m event will be restricted to 5 Heats and the 1500m will be restricted to 3 Heats
- All 100m Events & 200m IM have finals in the following age bands: Open/Male or Female Senior (15 & Over) and Junior (14 & Under). Finals for these events, the fastest overall eight swimmers 15 & Over and the fastest overall swimmers 14 & Under will compete in finals, with 2 reserves. There will be a cash prize for the first three places in the Senior Finals. Junior Finals will receive medals to the first three places.
- **It is the responsibility of the swimmer/club to positively accept the swimmers' place in a final.** The Promoter's decision will be final and failure to do so by the announced time will result in the place being offered to a reserve.
- **This will be a cardless meet.** No cards will be issued for this meet; draft club/swimmers' entries will be published on the competition website. It is responsibility of swimmer/entry club to check this for accuracy. Draft session times will be published on the website during the week prior to the Meet.
- Over the top starts may be used at the discretion of the promoter in order to maintain the scheduled timing of events. It is responsibility of team managers and coaches to ensure that their competitors report to the Marshalling Stewards in time for the start of their race. The competition will not wait for missing swimmers and will run at its own pace.
- A secondary strobe will be available for this meet.
- The Café will be open to sell hot and cold refreshments during the meet.
- Entry times should be faster or equal to the published Lower Limit times. All entry times will be taken from Swim England Rankings at the time of submission.
- Club entries must be made by your club entry coordinator using the Sportsys Entry File found on our website. Exported entry files must be emailed to entries@swimmingmeetresults.co.uk and received by **Tuesday 5th November.**
- Electronic entries: a printout of the event entries from Sportsys, a club entry summary sheet and full payment or proof of BACS payment must be sent to the email address previously stated no more than **7 days** after the entry file has been acknowledged by the meet management team. The entry fee is **£8.25** per event.



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Promoter's Conditions

- Paper entries will be charged at **£8.75** per event and must be submitted using the entry form found below in this meet pack and returned to the address shown on the event overview page with the correct fee by Monday 30th October. Competitors Swim England Number must be included if using Paper Entry Form.
- All cheques should be made payable to **City of Leicester Swimming Club**. If paying by BACS then our bank details are:
Name: City of Leicester Swimming Club
Sort Code: 40-28-06
Account Number: 35175607
- Please reference your club name i.e. LO24<4 Digit club code> so we can match against your club entries.
- If an individual entry, please reference your swimmers name or SE number i.e. LO24<swimmers name or SE number> so we can match against your entry.
- The acceptance of competitors will be based on quickest times submitted by age group basis. As many heats as possible will run in the time available for the meet. The promoter reserves the right to amend the number of heats in each event depending on number of entries. Entries must be within or equal to the published Lower Limit times for each event, with times being taken from the Swim England Rankings database between 1st September 2023 and the date your entry is submitted. After your entry has been submitted, entry times will not be updated. If the meet is oversubscribed, a list of rejected entries will be made available on our website after the closing date of the meet.
- The Female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female.
- Entries will be accepted for para swimmers who hold a British Swimming Para Classification S1-S14. Classified swimmers are exempt from the consideration time requirements but must hold a time for the event they wish to enter on Swim England Rankings.
- As soon as possible after the closing date, accepted entries will be available on our website together with any rejected entries. All refunds will be made to the club submitting the entries, this will be communicated after the closing and when a rejection list is available. There will be no refunds for withdrawals after the closing date unless a medical note is provided.
- The Meet Organiser reserves the right to restrict entries. No entry will be accepted without a fully completed entry form. It is the responsibility of the clubs to ensure information is correct.
- Entry summaries, poolside pass applications and individual entries should be returned to:

City of Leicester Swimming Club

11 Brookfield Road, Arnold, Nottingham, NG5 7ER

Email: entries@swimmingmeetresults.co.uk

Website: <https://www.swimmingmeetresults.co.uk/COLeicester/>



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Promoter's Conditions

- Entry Fee – Electronic £8.25. Paper £8.75.
- Poolside (Coaches & Team Manger) Passes - 3 Days - £20 (includes refreshments). £35 (includes refreshments and lunch). Passes cannot be purchased on the day.
- All clubs and individual entries are expected to follow the latest supervision ratios as guided by the Swim England supervision policy.
- Please ensure that coaches, team managers and chaperones download the free photographic accreditation provided by Swim England here: https://www.swimmingresults.org/member_options/ This must be shown by the individual to prove ID and collect a City Of Leicester poolside pass at the registration desk
- Please ensure that for every chaperone pass requested, the Chaperone Application Form below is completed.
- We request that all visiting clubs provide at least 1 official to every 10 swimmers entered. Officials will be provided with refreshments and lunch.
- Anything not covered in the above, is at the discretion of the meet promoter (this includes timeline changes).



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CHECKLIST

Please help us to help you!

<u>CLUB ENTRY</u>	Complete	<u>INDIVIDUAL ENTRY</u>	Complete
Club Meet Summary and Poolside Pass Application	<input type="checkbox"/>	Swimmer Entry Form	<input type="checkbox"/>
Chaperone Pass Application (if required)	<input type="checkbox"/>	Swimmer Supervision Arranged	<input type="checkbox"/>
Club Officials Contacted	<input type="checkbox"/>	Chaperone Pass Application (If required)	<input type="checkbox"/>
Payment Made	<input type="checkbox"/>	Payment Made	<input type="checkbox"/>
Accreditations (ID)	<input type="checkbox"/>	Accreditations (ID)	<input type="checkbox"/>



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Club Summary & Coaches Passes Application Form

Club:		
Address:		
Telephone:		
Email:		
Name of Coaches & Team Managers using passes	DBS No:	
	Safeguarding:	
	DBS No:	
	Safeguarding:	
	DBS No:	
	Safeguarding:	
	DBS No:	
	Safeguarding:	
	DBS No:	
	Safeguarding:	
Number of Female Electronic Entries	@ £8.25	£
Number of Open/Male Electronic Entries	@ £8.25	£
Number of Paper Entries	@ £8.75	£
Number of Coaches Passes	@ £20/£35	£
Number of Team Manger Passes	@ £20/£35	£
Number of Chaperone Passes	Pay on Day	£0
Total Amount of Club Cheque Enclosed or BACS	BACS/CHQ (Select Payment Method)	£

THIS FORM MUST BE COMPLETED AND RETURNED FOR ALL CLUB ENTRIES WITH THE SPORTSYTEMS PRINTOUTS or WITH ALL PAPER ENTRIES. CHEQUES MADE PAYABLE TO 'CITY OF LEICESTER SWIMMING CLUB' AND ALL FORMS, PRINTOUTS AND PAYMENTS MUST BE SENT TO:

City of Leicester Swimming Club November Meet
 11 Brookfield Road, Arnold, Nottingham, NG5 7ER



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Swimmer Entry Form

(Form must be submitted for paper entries by individuals to the address shown below)
(If Clubs use the form for internal entries and then for submission by electronic entries the fees will be £8.25 and not £8.75 as shown and the forms do not have to be returned)

Name:	Swim England Number:
Club:	
Email:	Contact No.

Events	Please Tick event(s) to enter	<p><u>All times will be taken from British Rankings at time of Entry.</u></p> <p>BACS Payment to: City of Leicester Swimming Club Sort Code: 40-28-06 Account No: 35175607</p> <p>Please reference LO24 and your swimmers name in the BACS reference so we can match against your entries. i.e. LO24 <swimmer's name/membership number></p> <p>For Paper entries, please post to: The City of Leicester Swimming Club November Meet 11 Brookfield Road, Arnold, Nottingham, NG5 7ER</p>
50m Freestyle		
100m Freestyle		
200m Freestyle		
400m Freestyle		
800m Freestyle		
1500m Freestyle		
50m Backstroke		
100m Backstroke		
200m Backstroke		
50m Breaststroke		
100m Breaststroke		
200m Breaststroke		
50m Butterfly		
100m Butterfly		
200m Butterfly		
100m Ind. Medley		
200m Ind. Medley		
400m Ind. Medley		
Total No. of Events:		Total @ £8.75: £



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Chaperone Pass Application
(Must be sent with Individual entries)

Chaperone Details

Name:	Swim England Number:
Club:	
Email:	Contact No:
SE Safeguarding Valid to:	SE DBS Valid to:
TM 1/ Chaperone course completed: YES / NO (Please Delete)	

Swimmer Details

Name:	Swim England Number:
Club:	

Please tick box for sessions you need your chaperone pass

Session 1 –	
Session 2 –	
Session 3 –	
Session 4 –	
Session 5 –	

Cost of Pass - Chaperones will be charged in line with the spectator fees on the day

Please return to the following address with the swimmer individual entry form:

11 Brookfield Road, Arnold, Nottingham, NG5 7ER
Cheques made payable to City of Leicester Swimming Club



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Officials Required

Are you able to help by officiating at one or more sessions?

Meals provided if you cover two sessions in a day.

We request that Clubs sending 10 or more swimmers to the Meet provide at least One or more Officials per session.

	Please Tick box for all sessions you are available for.
Session 1 – Friday 15 th November	
Session 2 – Saturday 16 th November	
Session 3 – Saturday 16 th November	
Session 4 – Sunday 17 th November	
Session 5 – Sunday 17 th November	

Name:	
Swim England Number:	
Qualifications:	
Email Address:	

PLEASE COMPLETE AND RETURN TO:

colsofficials@gmail.com

As Soon As Possible



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