



Allen Urch MBE Memorial Open Meet

AM Warm up begins at 8.00, please keep to your allocated lanes.

Each slot will have a total of 10 mins, including getting in and out of the pool. The first 6 minutes should be used for general warm up, with the last 4 mins being used for starts, exiting at the far end of the pool

8.00-8.10	Girls, born 2013 or after	Lane 1	Hucknall	7
		Lane 2	Hucknall	6
		Lane 3	Loughborough and Mansfield	5
		Lane 4	Ripley	7
		Lane 5	Sutton, Sherwood, Calverton and Bingham	6
		Lane 6	Sutton	6
8.11-8.21	Girls, born 2012 & 2011	Lane 1	Hucknall and Loughborough	6
		Lane 2	Mansfield	10
		Lane 3	Ripley	10
		Lane 4	Sherwood and Notts Portland	4
		Lane 5	Sutton	10
		Lane 6	Sutton	11
8.22-8.32	Girls born 2010 or before	Lane 1	Hucknall and Mansfield	11
		Lane 2	Loughborough	11
		Lane 3	Loughborough, Ripley, Sherwood	10
		Lane 4	Ripley	12
		Lane 5	Sutton, Notts Portland, Carlton Forum	11
		Lane 6	Sutton	11
8.33-8.43	Boys, born 2010 or before	Lane 1	Hucknall and notts portland	9
		Lane 2	Loughborough and Mansfield	8
		Lane 3	Ripley	8
		Lane 4	Ripley and Sherwood	7
		Lane 5	Sutton	9
		Lane 6	Sutton	10
8.44-8.54	Boys, born 2011 or after	Lane 1	Hucknall	6
		Lane 2	Mansfield	10
		Lane 3	Ripley	9
		Lane 4	Sherwood	4
		Lane 5	Sutton	10
		Lane 6	Sutton	11



Allen Urch MBE Memorial Open Meet

PM Warm up begins at 1.30pm, please keep to your allocated lanes.

Each slot will have a total of 10 mins, including getting in and out of the pool. The first 6 minutes should be used for general warm up, with the last 4 mins being used for starts, exiting at the far end of the pool

1.30-1.40	Boys, born 2010 or before	Lane 1	Hucknall and notts portland	10
		Lane 2	Loughborough and Mansfield	7
		Lane 3	Ripley	8
		Lane 4	Ripley and Sherwood	8
		Lane 5	Sutton	9
		Lane 6	Sutton	10
1.41-1.51	Boys, born 2011 or after	Lane 1	Hucknall	5
		Lane 2	Mansfield	8
		Lane 3	Ripley	11
		Lane 4	Sherwood	3
		Lane 5	Sutton	10
		Lane 6	Sutton	10
1.52-2.02	Girls, born 2013 or after	Lane 1	Hucknall	6
		Lane 2	Hucknall	5
		Lane 3	Loughborough and Mansfield	4
		Lane 4	Ripley	8
		Lane 5	Sutton, Sherwood, Calverton and Bingham	6
		Lane 6	Sutton	9
2.03-2.13	Girls, born 2012 & 2011	Lane 1	Hucknall and Loughborough	6
		Lane 2	Mansfield	11
		Lane 3	Ripley	10
		Lane 4	Sherwood and Notts Portland	4
		Lane 5	Sutton	9
		Lane 6	Sutton	9
2.14-2.24	Girls born 2010 or before	Lane 1	Hucknall and Mansfield	12
		Lane 2	Loughborough	10
		Lane 3	Loughborough, Ripley, Sherwood	8
		Lane 4	Ripley	10
		Lane 5	Sutton, Notts Portland, Carlton Forum	11
		Lane 6	Sutton	11